

29. Everybody Looks At Me

Sometimes I put my hands like this,
Pretending I'm a tree,
I bend in the wind and yo-ho-ho,
Everybody looks at me.

Sometimes I put my hands like this,
Pretending I'm the sun,
Rising in the morning, yo-ho-ho,
Shining down on everyone.
It's so easy to pretend,
You just need a pair of hands and then,
You put them up into the air,
You can be a conductor or a teddy bear.

Sometimes I put my hands like this,
Pretending I can fly,
I flap my wings and yo-ho-ho,
I'm a bird up in the sky.

30. Rocking (Christmas Song)

Little Jesus sweetly sleep, do not stir,
We will lend a coat of fur,
We will rock you, rock you, rock you,
We will rock you, rock you, rock you,
See the fur to keep you warm,
Snugly round your tiny form,
We will rock you, rock you, rock you,
We will rock you, rock you, now.



31. Pussy Willow

There is a pussy willow,
His coat is silver-grey,
He lives down in the meadow,
Not very far away,
He'll always be a pussy,
He'll never be a cat,
For he's a pussy willow,
Now what do you think of that?
Meow...Meow, Scat!

32. Little Miss Muffet

Little Miss Muffet, sat on her tuffet,
Eating her curds and whey;
Along came a spider and sat down beside her,
And frightened Miss Muffet away.

33. God Made Me

God made the pretty flowers,
He made the birds that fly,
He made each tall tall tree,
And God made me.

34. Tall as a House

I'm as tall as a house,
I'm as wide as barn;
I'm as thin as a pin,
I'm as small as a mouse.

35. Gramma's in the Kitchen

Gramma's in the kitchen
Doing a bit of knitting.
How man stitches did she do?
One...two...etc. (to ten)

36. Hickory, Dickory, Dock

Hickory, dickory, dock,
The mouse ran up the clock;
The clock struck one,
The mouse ran down,
Hickory, dickory, dock.

37. Little Bunnies

Little bunnies, dig, dig, dig,
Dig, dig, dig, dig, dig, dig;
Little bunnies, dig, dig, dig,
Dig and dig all day.

Little bunnies hop, hop, hop, etc.

Little bunnies munch, munch, munch, etc.
Little bunnies twitch and twitch, etc.

38. The Wheels on the Bus

The wheels on the bus go round and round,
Round and round, round and round;
The wheels on the bus go round and round,
All through the town.

The wiper on the bus goes swish, swish, swish, etc.
The horn on the bus goes beep, beep, beep, etc.
The people on the bus go up and down, etc.

39. The Elephant (J. O'Hara)

I'm an elephant big and grey,
I walk very slowly, my trunk I sway,
Heavy and slow, about I go,
I'm very heavy, and I'm very slow.

40. The Moon

Moon so round and yellow,
Looking from on high,
How I love to see you
Shining in the sky.



41. My Son, John

Diddle diddle dumpling, my son, John,
Went to bed with his trousers on;
One shoe off and one shoe on,
Diddle diddle dumpling, my son, John.

42. Ten in the Bed

There were ten in the bed
And the little one said,
"Roll over, roll over."
So they all rolled over
And one fell out.
There were nine in the bed, etc.

43. The More We Get Together

Oh, the more we get together,
Together, together,
Oh, the more we get together,
The happier we'll be.
For your friends are my friends,
And my friends are your friends,
Oh, the more we get together,
The happier we'll be.

Musicians

Vocals: Joyce O'Hara
Guitar: Aidan O'Hara
Percussion: Conor O'Hara

Music arrangements

Joyce O'Hara

Production

Producer: Joyce O'Hara
Sound: Fred Meijer
Artwork/Design: Terry Bannon

Acknowledgements/Credits

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Music Credits: All Trad. (except where noted). Arr. J. O'Hara

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Children's

ACTION songs

43 Songs with spoken instructions.

Words included



Sung by Joyce O'Hara

ACTION songs

Besides having fun through singing, children learn so much through song, and it is an easy and pleasurable way for them to build up their vocabulary and to gain knowledge. Singing and doing actions also help the child to develop self-expression and a sense of well-being, both of which are fundamental in enabling the child to grow up into a mature and self-confident human being.

My two Action Song cassette tapes, Action Songs Part 1 and Action Songs Part 2, have been widely used by teachers and parents and are now available for the first time on this new CD. I was prompted to bring out this compact disc in response to requests from classroom teachers who say they will find it easier to use and more accessible when working with children. I introduce each song with suggestions for actions and movement. Of course, the listeners - child, teacher, or parent - can use their own imaginations in deciding what other actions might be done.

Joyce O'Hara

1. Good Morning (J. O'Hara)

Good morning, good morning to you,
Good morning, good morning my friends.
I hope you love the day we have,
Good morning, good morning to you.

2. I'm a Limp Rag Doll

I'm a limp rag doll,
I have no bones at all;
My head is limp, my arms are limp;
I'm a limp rag doll.

3. Head and Shoulders

Head and shoulders, knees and toes,
Knees and toes, knees and toes;
Head and shoulders, knees and toes,
Eyes, ears, mouth and nose.

4. I'm a Little Teapot

I'm a little teapot, short and stout,
Here is my handle. Here is my spout.
When I get all steamed up, hear me shout,
Tip me over and pour me out.

5. The Family Song

This is our mother, this is our father,
This is our brother tall.
This is our sister, this is our baby,
Oh, how we love them all.

6. Frère Jacques

Frère Jacques, Frère Jacques,
Dormez-vous? Dormez-vous?
Sonnez les matines, sonnez les matines,
Ding dang, dong, ding, dang, dong.

7. Here is a Bunny

Here is a bunny with ears so funny,
And here is a hole in the ground,
Whenever he hears, he pricks up his ears,
And pops right into the ground.

8. Baa Baa Black Sheep

Baa Baa black sheep, have you any wool?
Yes sir, yes sir, three bags full;
One for my master, one for my dame,
One for the little boy who lives down the lane.

9. I'm a Little Acorn

I'm a little acorn, short and fat;
Here is my front and here is my back.
Dig a little hole and hide me away,
And I'll be a big oak tree some day.

10. Leaves are Falling

Leaves are falling to the ground,
All around, all around.

11. Stop, Look, and Listen

Stop, look, and listen, before you cross the street;
Use your eyes and use your ears,
Before you use your feet.

12. If I were...

If I were a little bird, high up in the sky,
This is how I'd flap my wings and fly, fly, fly.
If I were a friendly dog, going for a run,
This is how I'd wag my tail when having fun.
If I were a cat, I'd sit by the fireplace;
This is how I'd use my paws to wash my face.
If I were a rabbit small, in the woods I'd roam,
This is how I'd dig a hole for my home.
If I were an elephant, very big and strong,
This is how I'd wave my trunk and walk along.
If I were a kangaroo, I would leap and bound.
This is how I'd jump about and hop around.
If I were a camel tall, slowly I would stride,
This is how I'd rock and sway from side to side.
If I were a tall giraffe, living in the zoo,
This is how I'd bend my neck and look at you.



13. Mary had a Little Lamb

Mary had a little lamb, little lamb, little lamb;
Mary had a little lamb, its fleece was white as snow.
Everywhere that Mary went, Mary went, Mary went;
Everywhere that Mary went, the lamb was sure to go.
It followed her to school one day, school one day, school one day;
It followed her to school one day
It was against the rule.
It made the children laugh and play, laugh and play, laugh and play,
It made the children laugh and play
To see a lamb at school.

14. Tommy Thumb

Tommy Thumb, Tommy Thumb,
Where are you ?
Here I am, Here I am, How do you do?
Peter Pointer, Peter Pointer,
Where are you?
Here I am, Here I am, How do you do?
Middle Man, Middle Man.
Where are you?
Here I am, Here I am, How do you do?
Rosie Ring, Rosie Ring,
Where are you?
Here I am, Here I am, How do you do?
Baby Finger, Baby Finger,
Where are you?
Here I am, Here I am, How do you do?

15. Deep and Wide

Deep and wide, deep and wide,
There's a river flowing deep and wide. (x2)



16. Animal Sounds

I am a duck, quack, quack, quack,
I am a duck, quack, quack, quack,
I am a pig, oink, oink, etc.
I am a dog, woof, woof, etc.
I am a cat, meow, meow, etc.
I am I goat, maa, maa etc.
I am a sheep, baa, baa etc.
I am a horse, neigh, neigh, etc.
I am a hen, buck, buck, etc.
I am a rooster, cock-a-doodle-doo, etc.

17. Digging

Digging, digging, with my spade,
See the great big hole I've made?
Now I'll build a castle high
And make it go up to the sky.

18. The Hand Song

Open them, shut them,
Open them, shut them,
Give a little clap;
Open them, shut them,
Open them, shut them,
Put them on your lap.
Creep them, creep them,
Creep them, creep them
Right up to your chin.
Open wide, your little mouth,
But do not let them in.

19. Twinkle, Twinkle Little Star

Twinkle, twinkle little star,
How I wonder what you are;
Up above the world so high,
Like a diamond in the sky.
Twinkle, twinkle little star,
How I wonder what you are.

20. Heel and Toe - a dance (J. O'Hara)

Heel and toe, heel and toe,
One two, and around we go, (x2)
Clap up high, clap down low,
One, two and around we go.
Heel and toe, heel and toe,
One, two and around we go.

21. Two Little Dickie Birds

Two little dickie birds, sitting on a wall;
One named Peter, one named Paul;
Fly away Peter, fly away Paul;
Come back Peter, come back Paul.

22. It's Time to Sing (J. O'Hara)

It's time to sing and clap,
It's time to sing and clap;
And when we sing our hearts do ring,
It's time to sing and clap.

Sing along if you're sad,
Sing and then you'll be glad;
Clap your hands and sing a song
And be glad, the whole day long.

23. Just So!

Make your little hands go clap, clap, clap,
Make your little hands go clap, clap, clap,
Make your little hands go clap, clap, clap,
Clap, clap, clap, just so.

Make your little head go nod, nod, nod, etc.
Make your little eyes go blink, blink, blink, etc.
Make your little feet go stamp, stamp, stamp, etc.2

24. My Drum (A. O'Hara)

I have a little drum that goes rat-ta-ta-ta-tat,
I have two little sticks and I beat the drum like that,
Rat-ta-ta-ta-tat, I rattle and I play,
Beating on my drum, all through the day.

25. This Is The Way

This is the way we wash our face,
Wash our face, wash our face.
This is the way we wash our face,
Early in the morning.
This is the way we brush our hair, etc.
This is the way we brush our teeth, etc.
This is the way we put on our clothes, etc.
This is the way we eat our food, etc.

26. The Fish Bowl

Did you ever see fish in a fish bowl?
He looks very happy to me.
He can swim round and round,
He can swim back and forth,
But he can never swim out to sea.

27. One, Two Buckle My Shoe

One, two buckle my shoe,
Three, four, close the door,
Five, six, pick up sticks,
Seven, eight, lay them straight,
Nine, ten, the big fat hen.

28. Who's Afraid of Halloween?

Oo-oo-oo-oo-oo, says the owl (x2),
Who's afraid of Halloween?
Black cats here, black cats there,
Funny faces looking everywhere,
Oo-oo-oo-oo, says the owl,
Who's afraid of Halloween?

